



Rocky Mountain Rambler

Rocky Mountain Region
Newsletter



Greetings From Your Director



Winter is here in Colorado as I am sure it is in the Rocky Mountain Region. We had a bit of snow last night which was accompanied by freezing temperatures. I am happy to be inside warm and cozy with a cup of coffee and a good book to read.

I hope everyone had a blessed and happy Christmas and a fun New Year! I am sorry to be so late with my best wishes, but the holidays in our household were fun and chaotic all at the same time.

It is about this time that I yearn for gardening of any sort, and I am happy to share the following ideas to help get through the next several months.

Winter is a rough season for gardeners in most parts of the country. Unless you live in Florida or Southern California, you're probably stuck inside watching snowstorm after snowstorm sweep through. Take heart, gardeners! As the poet Percy Bysshe Shelley remarked, **"If winter comes, can spring be far behind?"** In the meantime, here are some ways to keep you gardening in winter. These winter garden ideas will help you keep growing through even the coldest months.

Buy New Houseplants: If you haven't been to the houseplant section of your garden center for a while, then it's time to pay it a visit. Growing houseplants is one of our favorite winter garden ideas. Pick out something you've never heard of before and give it a new home on your windowsill.

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February 2023

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Special points of interest:

- In Memorium
- Due date for Articles
- Convention Minutes
- Crossword Puzzle



Directors Message ~~ cont'd

Plan Next Year's Garden: As the snow piles up, start planning your gardens for the coming growing season. Think about new plants you would like to grow. Lots of flower catalogs help me plan for an even better flower bed the coming year. Also start a garden journal. Make this year the one you finally start documenting your garden experiences. Sketch your ideas, make lists from catalogs, capture inspiration, record what works... and what doesn't. Try the simple route with a notebook, expand your journal with photo pages, or go hi-tech and start a blog or other online journal.

Grow Annuals Indoors: If you didn't bring your own annuals indoors for winter, find a friend who did. Take a cutting from theirs and start some plants of your own. You have nothing to lose, and they just might make good houseplants until spring. I over winter my geraniums each year in my garage and cross my fingers each spring they will flourish once again. Success is so sweet when I see the first green leaves.

Conquer Kitchen Scraps: Have fun with your winter garden ideas and try to grow kitchen scraps. This is experimental gardening at its finest. Try to get an avocado pit to sprout some roots, plant carrot tops, or put a pineapple top in a jar of water. It's exciting to see what happens.

Experiment With Air Plants: If you haven't tried air plants yet, you've been missing out. Air plants practically grow themselves because they don't even require soil to live! They brighten up a dark space, too. Many folks enjoy winter gardening with potted plants, but if you have pets or small children you might worry about potential messes. Air plants are the perfect solution! These beauties, known more formally as tillandsias, don't require soil at all. They thrive best in humid environments, but you can simulate that by misting regularly. These plants are especially fun to use in craft projects.

Decorate your Pots: Now's a great time to decorate your indoor or outdoor pots to show off your personality. Cover a terra cotta pot in mosaic tiles, make a stacked planter, or turn a chair into a unique plant holder.

Grow Your Own Indoor Salad Garden: One of the best parts of summer is fresh produce on the dinner table. Enjoy the taste of summer in the middle of the cold months by growing a salad bowl garden. Leaf lettuce, arugula, and watercress are all great choices.

I hope everyone enjoys these ideas and they help to get all excited about winter gardening.

Your Friend in Gardening

Margie Soileau

"Planting in Harmony with Nature"

margie@soileau.org



*Every member is a
different kind of
flower and all
together, we make this
world more beautiful!*



Dates to Remember



<i>DATE</i>	<i>WHAT</i>	<i>WHERE</i>
April 2023	Plant America	All Month
April 15, 2023	Article Deadline for May Rambler	rmrrambler@yahoo.com
April 22, 2023	Earth Day	“Invest in our Planet”
May 2-5, 2023	NGC Annual Convention	White Sulfur Springs, WV
August 25-26, 2023	RMR Conference	Colorado Springs, CO

**My 2023
New Year's Wishes
for YOU**

12 months of **Happiness**
52 weeks of **Laughter**
365 days of **Success**
8,760 hours of **Good Health**
525600 minutes **Blessings**
and....
31,536,000 seconds of **Joy**
Amen

Happy New Year!

A **garden** returns **50 x** the investment you put into it. Not just **food**, but **joy**, **peace** and real **connections** with creation and a **spiritual retreat** from a noisy world and hurried people.

Grow a garden!



[Rocky Mountain Region Garden Clubs Facebook Page](#)

NGC Conservation Pledge
I pledge to protect and conserve the natural resources of the planet earth and promise to promote education so we may become caretakers of our air, water, forests, land and wildlife.



Our beautiful Rocky Mountain Region includes the following States:
Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Utah and Wyoming

The Rocky Mountain Region Garden Clubs is an affiliate of **National Garden Clubs, Inc.**

Rocky Mountain Rambler — February 2023

In Memorium



Beth Ellen Babcock, a longtime member of our Rocky Mountain Region, Wyoming Federation of Garden Club, Seed and Weed Garden Club, Cheyenne, and WFGC Member at Large, passed away peacefully in her sleep on October 28, 2022, at the age of 91.

Beth was a nurse at St. Rita's Hospital in Lima, Ohio, before she made a lifelong career of nursing by joining the United States Air Force-Nurse Corps in 1960. Her first assignment was at Warren Airforce base in Cheyenne, Wyoming. She loved Cheyenne so much, she made it her home when she retired in 1980, a highly decorated Major and veteran of the Vietnam War.

Beth kept busy during her retirement years building on her passion for wildflowers. She became a Master Gardener and an Operation Wildflower officer. Beth was an avid supporter of the Rocky Mountain Region Garden Club and Wyoming Federation of Garden Clubs, teaching and speaking at engagements in the rocky mountain regions and surrounding states while serving as Wildflower Chairman for both RMR and WFGC.

Rest in peace, good friend.



Beth when covered with butterflies at a Butterfly Emporium 2015

Colorado Federation of Garden Clubs, Inc.



Happy New Year from Colorful Colorado! Well, another year has gone by with many of us working hard to prepare our gardens and yards for the cold weather ahead.

The fruit of our labor has reached its zenith and now is the time for us to hunker down and enjoy this season so that we can relax, rejuvenate and dream of the coming spring and all the things that we want to plant, grow and harvest.

Our clubs have been busy with the community outreach projects and normal holiday festivities. On a state level, we are preparing for our 2023 state and regional meetings. Also in the works is a concerted effort in getting a head start on planning for the upcoming 2024 annual NGC meeting that will be held in Colorado. Lots of planning, working together, brainstorming and love will go into these events and hopefully things will work smoothly and efficiently.

For our December board meeting, we had a "holiday tea" where business was done swiftly then attendees joined in the fun with a cookie and gift exchange. It was nice to meet at a club member's home and take the time to talk and get to know one another just a little bit better.

While the pandemic pushed us out of our comfort zone and we had to think outside the box about how to meet and get business done, it was really nice to go back to the old ways of just being together, laughing and enjoying each other's company.

Our holiday wishes to you and your clubs are peace, good health, prosperity and joy in the coming year!

Nancy Griffin, CO State President

"Garden with Heart, Plant with Purpose, Conserve with Care"



Rocky Mountain Rambler — February 2023

Kansas Associated Garden Clubs, Inc.



It's 2023, a new year for changes and fresh new ideas. NGC will have a new president, Brenda Moore; Rocky Mountain Region will have a new director, Robbie Kupper; and KAGC will be frantically working to find a new state president. We were so sad to just have our Vice President resign for personal reasons. As we are all aging, we understand so we really hope to have someone step up to lead us forward. Also, several clubs will have new officers and president. We encourage everyone to support the new people in charge and help them in any capacity you can. KAGC still has a number of vacant positions open on our board including First Vice President, and a number of committee chairmen. (See the last page of the KS Gardner for vacancies). We hope each of you Kansas people will make an effort to consider stepping up to one of these positions.

KAGC has had a “double whammies” – we have another club pulling out of NGC stating they weren't gaining anything from NGC membership and the rules were a problem for them; again aging members. **Are we failing as state officers?** If so, **we could sure use some suggestions for improvement** in these last few months we are in office.

Many of the Kansas garden clubs take time off for the winter. Roxane from the Bonner Springs Club wrote: “We had a holiday dinner at Andrea Staudenmaier's house in November. It was really lovely to sit over great food and chat with each other. We also did a really quick installation of officers. It was a low-key presentation by Roxane. She presented each incoming officer with two yellow roses. Roses are Bonner Springs club flower, and the color yellow is symbolic of our friendship. We took a club photo and then had discussions regarding the upcoming year. At the end we wished each other Merry Christmas and a Happy New Year. **Now we look forward to meeting on Jan 17, 2023.**”

Suburban Garden Club of Wichita meets every month and our meetings run on a calendar year. We will change officers next year. Our December meeting is always a holiday luncheon at a nice restaurant. It is a great time to get to know other members better. We also hand out our membership book with the new programs for the new year. Our donation to the local food bank to help those less fortunate is also done at this meeting. We chose to donate cash this year rather than taking the heavy food items. It just seemed to be easier for most of us.

During the year we collect **Christmas mugs from garage sales**, thrift shops, etc., for a fund-raiser. On the first of December, we met to make arrangements in the mugs with greenery from tree and shrub trimmings. We add some Christmas ornaments or flowers and price them to sell. We have our meetings at Botanica, our Wichita gardens, and in return many of us volunteer there. They also provided us with trimmings for our fundraiser. Botanica does a great holiday light display that has become very popular bringing in crowds for about six weeks.



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Kansas Associated Garden Clubs, Inc. ~~ cont'd

This provides us with a space and an audience. In return, we split the profits with them. This has become very popular. Imagine my surprise when I showed up one night with only six new arrangements and the table was bare. Needless to say, we were pleased with our sales. Next year, we will have more work days.

Sherryl Fitzpatrick and Floanna Crowley, Co-Presidents
 “Use Wisdom in Caring for Nature”



Montana Federation of Garden Clubs, Inc.



Planning for the Spring District meetings is in progress. Jeannie Bennett, the Second Vice-President is planning the trips. Every Spring the state officers travel to the various districts for a one-day conference. As each district is made up of two or more clubs, the meetings are a festive affair. In the past, one of the districts gave a formal tea. Each table was hosted by a club member who brought the table settings and did beautiful tablescapes. One district had the meeting in a park pavilion, and another had the meeting at a plant center. Perhaps the most important part of the meetings is the visiting with members and learning about their local projects. Colleen Hoffman is Director of Western District #2, Ann Palmer, Southwestern District #3, Christy Mock, Lewis and Clark District #4, Vanette Nagamori Central District #5, Diana Raymond Northern District #6, Kathy Waters Hi-Line District #7, Sherry Doty Yellowstone #10, Liz Smith Eastern Gateway District #12.

It is time to save the date for the upcoming Annual Meeting in Billings, Montana. We are gathering at the Billings Convention center June 20 to 23, Joyce Hendricks, is the chair of the convention. During our conversations concerning the convention, she has assured me that we are going to have a wonderful convention. As matters are firmed up, I have every confidence that a great time is planned.

Clubs have been having their regular meetings. I attended the January Missoula Garden Club meeting in Missoula. The program was on greenhouses. Nina Eadie from Stevensville Garden Club gave the power point. Nina announced that she had passed her national judge's test. Congratulations to Nina.

As interesting as the PowerPoint was, the food served at the meeting was just as interesting. Earlier in the year each member was given a recipe for pickling of various vegetables and fruits. My wife Linda brought pickled strawberries and a jar of pickled cauliflower. The pickled fruits and vegetables were served on a giant charcuterie board. Cured meats: Serrano ham, prosciutto, salami; cheese: Brie, Havarti, Gouda, Jarlsberg, Asiago; Bread: baguette, flatbread, crackers, fresh vegetables: broccoli, bell peppers, celery, carrots, fruit (fresh and dried): grapes, apples, pears, figs; spreads: honey, mustard, jams, jellies, chutneys were all included on the table.

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Montana Federation of Garden Clubs, Inc. ~~ cont'd

The club members feasted at the charcuterie board choosing also the various pickles brought by members. Needless to say, we all enjoyed ourselves. Linda told me to eat up as she was not cooking dinner that night.

Jim Saddler
MFGC President



Federated Garden Clubs of Nebraska



Happy gardening and remember plant some herbs!!!

We needed moisture. We needed moisture. That is what I keep telling myself. Oh my, did we get moisture in the form of SNOW. I mean lots of SNOW. I promised myself that I would not complain when the snow came because we had the most hot and dry summer, but I can barely drive on our streets and supposedly we are to get more tonight.

Even with all of the weather we have been having, our garden clubs have been busy. I am proud to announce that we have had two applications for our Federated Garden Clubs of Nebraska, Inc. Scholarship. The scholarship committee met and decided since we had no one apply last year that we would give each of the applicants a \$1,000 scholarship. Both applicants are from Western Nebraska so we are very proud. They have both also applied for the National Garden Club scholarship. PROUD, PROUD, PROUD!!!!!!

The clubs that get involved with the Youth Contests have been very busy also. Smokey Bear & Woodsy Owl Youth Poster Contest were due to our State Chair by January 15, so all have been sent. Also, the Poetry Contest is due in January so everyone has been quite busy.

Ogallala Garden Club is going to try out a hybrid meeting in February. The club is very excited about that and hope that they will get even more members.

We are all looking forward to getting our gardens started and many of us have grow light so as we count backwards from the date of the last frost we will be plant plants indoors to be able to plant outside. I have planted lettuces, Swiss chard and baby Bok choy in my tower garden and cherry tomatoes in my area garden so I have fresh vegetable to eat through the snowstorms

I am also working with Marge Soileau to get all of committee members as I will be the next RMR Director, so...if I call you please do not turn me down. We need dedicated and good people for these committee chairs.

Do have a great rest of the winter and hopefully you are getting ready for spring.

Robbie Kupper
President, FGCN
“Growing and Using Herbs in Nebraska”



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North Dakota State Garden Clubs



Greetings from the Peace Garden State of North Dakota

Fargo Garden Society is gearing up for its Centennial year in 2023. Our centennial coordinator, Nancy McKinnon, wondered if the founding fathers had any idea that their club would still be beautifying the community 100 years after they drew up the constitution on Dec 11th , 1923. The first meeting place for the club was the Commercial Club (Chamber of Commerce) meeting rooms on the second floor of what we now know as the HoDo!!! The HoDo recently remodeled as the Blarney Stone is a four star hotel in downtown Fargo. Nancy is looking for relatives and descendants of our original members to honor during our open house centennial celebrations.

The Fargo Garden Society had a social gathering for the October meeting. We congratulated our Scholarship winner with her certificate and enjoyed hearing about her future aspirations and goals.



In 2023 North Dakota has had hoar, and rime frost every day for 14 days since December 31, 2022. The trees have been covered so beautifully with this frost. We drive down the street with the trees and bushes covered with frost looking like a wonderland. Mother Nature has given us a beautiful winter gift.



Roses that were still blooming last October. Our regular average frost is September 24th so this was so enjoyable to see.



“Conserve Nature and Grow Friendships in North Dakota”
Linda Anderson, President
North Dakota



Rocky Mountain Rambler — February 2023

The Utah Associated Garden Clubs, Inc.



Hello! Snow and more snow and then a lot more snow has been our Utah winter. In Park City we are running out of places to put it. The thought of drought is still lingering, because one normal winter does not make up for several lean years. Now we can only hope for a slow thaw to avoid any flooding. A winter photo of my back yard. Christmas lights under snow and cat on snow

Park City Garden Club had a fun meeting where we made birdseed wreaths. Some members still make them annually as gifts. This would be a fun project to do on these snowy and cold days if skiing isn't an option. Recipe and pictures on next page.

Think Valentines day and get busy. Use a big red ribbon to hang. The birds, your friends and family will thank you.

Last February I posted all my favorite garden tools, pruners, shovel and garlic dibble. What are your favorites? The deer have gotten so bold and with a new taste for everything, that I am reluctant to plant much new this year and ripping out what they decided was tasty after all these years. Like hollyhocks and delphiniums, mine were prizewinning now they are leafless for the hollyhocks and flowerless for the delphiniums. **HELP** anyone have solutions?

I have booked my room for the "Almost Heaven" convention in White Sulphur Springs. If anyone wants to share a ride from where ever the best place to fly into is let me know I'd love the company. The rooms were going fast.

Enjoy these winter days. Get out as much as you can and look for your shadow if the sun ever shines.

On another note, I will be serving as president for the Utah Associated Garden Clubs for one more year. Sue McJames my vice president and I have been in conversation about this and think it a good solution. She can then go to St Louis to the headquarters and get us back on schedule.

Our next meeting will be on **Thursday, January 19th at 6:30pm**. This meeting will be held simultaneously virtual via Zoom and in-person at the Sugar House Park Garden Center, 1601 East 2100 South, Salt Lake City, UT 84106. Mark Mason Taylor will be presenting "**New Roses for 2023**". You don't want to miss this! It is always fun to see the new roses that come out each year, and plan where to put a couple in our rose gardens. See you soon, in person or on Zoom! They will also be hosting the Rocky Mountain District Rose show and Convention June 9-10 at the Sugarhouse garden center. Their newsletter Petals and Thorns is well done and a must see.

Also, check out the **January/February 2023 Utah Rose Society Newsletter, "Petals and Thorns"**, the first of the new year. In this issue you will find the following information:

- President's Message
- 2023 Meeting Schedule
- Five Favorite Roses
- The Rose You Imagined
- ARS Membership
- URS Consulting Rosarians
- Dues Information
- 2022 Holiday Party
- Consulting Rosarian Tip
- New Horizon Roses 2022
- URS Board of Directors

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Rocky Mountain Rambler — February 2023

The Utah Associated Garden Clubs, Inc. ~~ cont'd

Birdseed Wreath and pictures from Utah:

Bird Seed Wreaths

6 cups bird seed
¼ cup water
3 Tblsp. Gelatin
5 Tblsp. Corn syrup
½ cup Corn Starch

Whisk gelatin and water til dissolved. Whisk in corn syrup and corn starch. Keep whisking til there are no lumps.

Heat and make sure mixture gets thick, cooking will help after a bit. Mix in seed, combine thoroughly and press into mold. Make sure you spray your mold with cooking spray. Press down hard onto mold. Let it set to harden, at least a week. Tie with wide ribbons and hang away from rain and deer. Enjoy



Bird seed heart wreath



Christmas lights under our snow



My cat, Maisie, making it look easy



My backyard table showing the depth of snow!



Birdhouses made and given to me by a friend,

**Mary Hogan Holly, President
Utah Associated Garden Club, Inc.**



Wyoming Federation of Garden Clubs, Inc.



Wyoming has had a very large amount of snow this winter, so gardening in the spring should be wonderful. Our trees and bulbs should be so beautiful this year. Can't say when the snow will melt, it is it is deep. This winter Wyoming Garden clubs have had Christmas parties in December. Some were postponed or canceled due to the extremely cold weather.

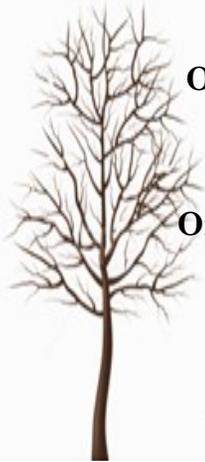
Getting together for Christmas parties is always fun with lots of laughter and extremely well attended I might say. We've had educational classes, and some of us kind of shut down during the winter months and wait to start meeting again in Spring.

Last year I planted herbs like parsley and basil among my flowers. It made my garden look so full and lush. Enjoy your seed catalogs and stay warm.

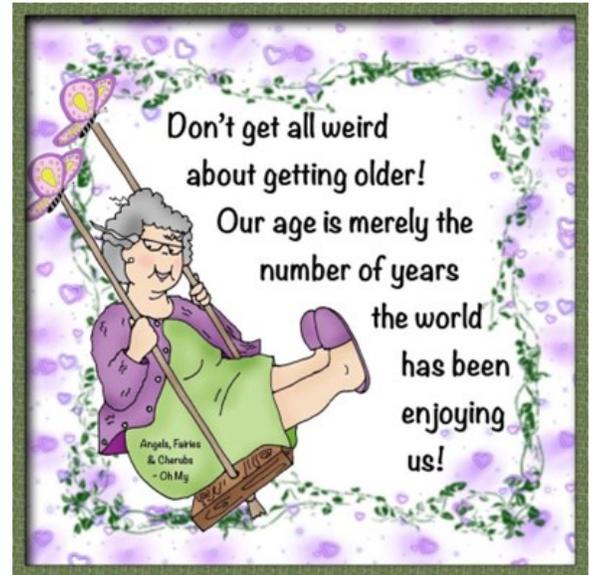
We hope to see many of our people at the RMR meeting in Colorado Springs.

“Gathering Friendships thru Gardening”

**Shirley Pursel
WFGC, President**



One tree can start a forest.
One smile can begin a friendship.
One hand can lift a soul.
One word can frame a goal.
One candle can wipe out darkness.
One laugh can conquer gloom.
One hope can raise our spirits.
One touch can show you care.
One life can make a difference.
Be That One Today!



The Miracle . . .

Every gardener knows that under the cloak of winter lies a miracle ... a seed waiting to sprout, a bulb opening to the light, a bud straining to unfurl. And the anticipation nurtures our dream!

Barbara Winkler.



Awards RMR



North Dakota received the Rocky Mountain Region Award # 12 Butterfly Gardening 1st Place for the Red Reiver Zoo Project by the Fargo Garden Society. 64 Members as of 7/1/2022.

This project was begun in 2019 by a 4-H Club leader to help club members learn about Pollinator Gardens. The Red River Zoo of Fargo, ND had two neglected flower beds on either side of the main entrance, and the Cass County Crusaders with project leader Meaghan McDonald began cleaning up the existing flower beds. They added an irrigation system, landscape fabric, pollinator plants and mulch. They received a grant from the National Garden Club for \$700 to cover some expenses. In 2020, with the pandemic curtailing many groups from meeting, the Pollinator Beds were neglected. The project leader moved out of state, and the Zoo looked to the Fargo Garden Society to take on the flower beds. In 2021, the Fargo Garden Society (FGS) took over the care and maintenance of the plants. ~ cont'd



Awards RMR ~~ cont'd

The Prairie Pollinator Garden was created to demonstrate how eco-friendly gardens can be beneficial to the pollinators. The plants were chosen with the help of experts in Prairie Pollinators. Other plants have been added by the Fargo Garden Society members to enhance the spring to autumn flowering seasons. Members of the 4-H club have volunteered to weed, and members of the FGS are scheduled to plant, divide, weed and water. The FGS has two or three volunteers coordinating the spring to autumn work. Starting in May, groups were recruited to deadhead, weed, adjust the irrigation system, and clean the area of winter trash. Starting in mid-June, two members were recruited for a workday every other week. They brought their own garden tools, and the Zoo provided trash cans. Members report the number of hours worked, and this is included in the annual report. In 2021, we worked 80 hours!

The expenses for the Prairie Pollinator Gardens were included in the FGS annual budget. \$100 was available for items such as irrigation stakes, plant name signs and fencing to stake tall plants. This year the United Prairie Foundation gave members a variety of pollinator plants, and many were planted in the Zoo Garden. The FGS holds two plant sales a year, and they are very successful. Society members sell plants from their own gardens The first Saturday of June, and second Saturday of September and the customers give a free will donation to the club.

Adopting the Red River Zoo Pollinator Beds is a long-term commitment for the FGS. Members continually evaluate placement of the plants according to height, flowering times, and hardiness. More plants will be added to provide more blooms all during the growing season. Maintenance is very important and is managed on a set schedule.

Michele Gustin, Awards Chairman



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Birds



BIRDS ARE AN INDICATION OF THE HEALTH OF OUR ENVIRONMENT. BECOME A BIRDWATCHER AND LEARN ALL YOU CAN ABOUT DIFFERENT BIRDS, HELP THE BIRDS SURVIVE, AND COMMIT TO PROTECTING THEM FOR THE HEALTH OF THE WORLD.

The Americas are home to a tremendous diversity of native birds.

One in three people living in the United States is a bird-watcher.

Natural habitat areas are dwindling in size and many have been eliminated. As a result, migratory birds are losing their resting stopovers and are forced to travel huge distances to find food.

A simple and effective solution is to create a wildlife habitat. Habitat gardening provides immediate benefits, but long-term effects are even better.

When we make certain that our environment remains a healthy place for wildlife, we are keeping it healthy for humans as well.

The best way to supply birds with the food they need is by planting a wide variety of native plants and trees. Supplemental bird feeders can also add nutrition to their diets.

Always feed natural fresh seeds, feed small amounts daily and clean feeders once a week with 10% bleach solution.

You can also feed birds by using peanut butter in pinecones, suet feeders, seed feeders, hummingbird feeders, nectar feeders and fruit and nut holders.

Be sure to include a clean water source. A birdbath, small pond or shallow container with about ½ in. to 1 in. of water can fulfill the need for bathing and drinking.

Birds also need dust to have a dust bath, which helps birds absorb excess oils in their feathers and also discourage mites and other parasites.

Cover is as important as food and water to the survival of birds. Protective cover is needed for nesting sites, sleeping and feeding areas.

Different species have different cover requirements, so consider as many types of cover as possible: rock piles, brush piles, hollow logs, trees, shrubs, tangles of vines, meadow grasses, and even water.

This article was taken from NGC's ecology WARRIORS Publication

RMR Bird Chairman, Audrey Coyle, CO

PS: Remember to send me your own photos by members!



Reusing our Christmas tree for a bird feeder. Notice the feeder and water by the tree and our "Colorado birdhouse?!"
Pix submitted by' Roberta Bolten, UT.



Ready for winter!

Blue Star



Blue Star Memorial and Gold Star Family Memorials

We are all, most likely, familiar with the Blue Star Memorial program and have many markers in our respective states. But what about the more recently added Gold Star Families Memorial Markers?

The Gold Star Families is a not for profit organization created to provide support to those who have lost a loved one in service to our country through the United States Armed Forces. All family members representing all conflicts, all branches of service and all circumstances of death are supported. Family members are referred to as Gold Star.

Their mission is to offer honor, hope and healing through remembering fallen heroes. The families of those who have paid the ultimate sacrifice live daily with the pain of this sacrifice. Gold Star Families endeavor to provide ways to help with emotional and psychological healing.

The National Garden Clubs now works with this organization to place Gold Star Memorials in public places as a way of honoring those families. If your club already has a Blue Star Memorial Marker. why not consider sponsoring a Gold Star Memorial? Contact your local or state Gold Star Families organization and discuss the possibility. Work with your local Veterans organizations, enlist the help of the boy and girl scouts. This would be a very worthwhile project for any club.

Check out the [National Garden Clubs](#) web site for more information. I wish you the best as you seek to honor those in your communities who have served, are serving or have lost their lives in the service of our country.

Joyce Hendricks
Blue Star Chairman



Flower Show Schools and Symposiums



One of the elements of design is **Space**. When in the process of placing plant material in a floral design, the creation of “**Space**” should be a major consideration. A designer to have a successful floral design needs to learn how to **manipulate space**. Space is that part of the design that contains no design materials. It is the vacant area. The area is absent of design materials.

The **seven** elements of design are **space, line, form, light, color, texture and pattern**. A balance of these elements is vital to every floral design. The use of space within a design is often a crucial factor in achieving a successful design. When viewing a pleasing design, you will notice that space can be used to compliment the other elements of design. So, to begin, let's determine **how does a designer uses space**.
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Flower Show Schools and Symposiums ~~cont'd

In a floral design, the area around the total design should be first considered. A designer chooses how their design is to be viewed. Whether in a niche or against a back panel, with no backings, on a table or pillar affects decisions to be made in construction of the design.

As an observer of a design, have you ever asked yourself why the design is confusing and scattered and not cohesive. More than likely the floral material is clumped together with no one element being given visual weight or definition. The issue is most likely due to the fact that there is not enough space surrounding or included within the design materials. Space visually organizes design materials; it helps to create focal points, special relationships and areas of interest. The use of space is particularly important when your design successfully uses the other elements of design.

Space can be used to give emphasis to materials used in the design. Wider or open spaces will separate design materials from each other and give a more expansive view of the design. **Enclosed space** can add volume and drama to a design. **Narrower spaces** add more of a visual connection of design materials. The result will enhance the visual impact.

Space allows the viewer to use their imagination as their eye travels through the design. It allows the viewer to visually rest when viewing the design. It underscores the importance of different materials used in the design. Our mind fills in the blanks and will give visual volume when only a suggestion of enclosed space exists.

The task of the designer is to take the materials they have on hand and **tell a story**. The story can be as simple as the use of the color pink. By manipulating your materials and **successfully using space**, and the other elements of design, the viewer should be able to appreciate what you are communicating.

Jim Saddler, Chairman



You will notice that the **space** within the metal sculpture bars is just as important to the overall design as the Iris. The vacant space or voids adds to the overall effect. By having voids, the importance of the Iris blooms is emphasized.

Rambler Article Deadlines

Spring Issue, Apr. 15 / May 1
Summer Issue, July 15 / Aug. 1
Fall Issue, Oct. 15 / Nov. 1
Winter Issue, Jan. 15 / Feb. 1



Invasive Species



THE 10 MOST INVASIVE SPECIES WORLDWIDE

This article is a short summary of invasive species from World Atlas.

10. **Water Hyacinth** is found worldwide for obvious reasons as it doubles in size in 6 days!



9.  **Northern Pacific Sea Star** is similar as it reproduces quickly devours plants.

8. **Small Indian Mongoose** was introduced from SE Asia to other parts of Asia and Central and South America to control snakes and rats and eventually other small animals.



7.  **Asian Long-Horned Beetle** has migrated to North America and Europe in wood products and now is decimating deciduous trees.

6. **Zebra Mussel** has migrated from SE Europe on the bottom of boats and preys on fish eggs and other fish food. They are now a problem in the USA.



5.  **Asian Carp** has arrived from Eurasia and overwhelms our lakes and streams.

4. **Cane Toad** is from the Americas and now is in Australia to control crop pests and emits a toxic ooze.



3.  **European Starling** is now found in North Africa, Asia and Europe and is a fierce invader with other birds.

2. **Kudzu** is the “vine that ate the South”!



1.  **Common Rabbit** is originally from Southern Europe and North Africa and lives up to its reputation of “multiplying like rabbits.” A female rabbit can have 30 offspring per year

Alice Hemsath
Chairman



Membership



Gardeners, As we start imagining our busy spring, think of someone who might enjoy garden club. A simple invite and a ride to meeting will possibly get new members. Also, it allows others to know and share your passions.

Everyone likes the fun events, sales, parties and educational meetings. Enjoy your down time.

Shirley Pursel
Membership Chairman



Parliamentarian



It is a new year and time to think about what are we going to do this year to improve our lives. Thinking about parliamentary procedure may not be first on your list but let's talk a bit about how our meetings go and how they can be improved. Debate is probably the most time consuming and often frustrating part of meetings so we will be discussing the rules of debate and how to make our meetings more successful.



Robert's Rules of Order Newly Revised In Brief has identified rules for debate:

“THE RULES FOR DEBATE”

1. Speech Limits in Debate

You may speak in debate twice on any debatable motion on the same day. Each time, you may speak for up to 10 minutes. These limits apply to any organization that has not adopted special rules setting other limits, as many do.

You cannot “save” time or transfer it to someone else. So you cannot, for example speak for five minutes your first time up and fifteen minutes the second time. Unlike the practice in Congress, you cannot “yield the floor” to let someone else speak on your time (except that you can choose to let people ask you questions on you time). [RONR (11th ed.), pp. 387-90.]

2. Who Gets Preference in Recognition to Debate?

As a general rule, the chair should designate to speak, or recognize, the person who rises first after the previous speaker has finished and sat down.

You *cannot*, while someone is still speaking, try to signal that you want to speak next. You must wait until the person who is speaking finishes and sits down before standing and seeking the chance to speak by calling out the chair's title.

~~cont'd

Parliamentarian ~~ cont'd

There are **three common exceptions** to the rule that the person who rises first should be the one recognized to speak.

- **First**, if you are the maker of a motion, you have a one-time right to preference in speaking about it immediately after the chair has stated the motion.
- **Second**, although everyone may speak twice on the same motion on them same day, someone who has not yet spoken on it even once has preference over anyone who has already spoken on it.
- **Third**, when the chair knows that persons seeking the floor alternate between speaker who favor and those who oppose a proposal that is being debated. So if there as just been a speech in favor of the motion, someone who wants to speak against it then should, if possible, be given preference over another person want to support it.

3. Stick to the Subject

In debate, your speech must relate to the motion under discussion. The rule is that your remarks must be germane, that is, that they must have bearing on whether the pending motion should be adopted. Going off on irrelevant topics is not in order. [RONR (11th ed.) p 392, 11.5-10.]”

We generally set a shorter time limit on **debate of two minutes** in our Standing Rules with the rule of speaking **twice** to the motion. However, I have been in meetings where and I am trying to be kind here, the most outgoing members dominate the debate and often interject and disrupt the debate and time of others. It is important that **before you speak**, you have your **points clear** in your mind so you get your points made and don't have to disrupt others or try to talk over them to share something you forgot to say. Sometimes it is best to sit back and gather your thoughts before you speak or have your points written down so you can be clear and thorough. **Be respectfully of others and their time to speak.**

Another behavior I often see during debate is trying to do in a motion what a committee should do. **You cannot plan an entire event, etc. in one motion!** That is why we have committees. If you have strong opinions of how the motion should be carried out, volunteer for the committee or follow up later to be sure the motion is carried out correctly if it does not go to a committee.

If you are not successful regarding your position on the motion, remember that the majority rules, things can change, maybe there is more than one way to do it and this too shall pass!

Respectfully submitted

Mary Lerssen, RMR Parliamentarian



Penny Pines



Wait! It's what? **2023??** Oh my! Hopefully this coming year will bring rains and moisture to the trees so we don't have to hear about the wildfires like in 2022. Storms have been really prevalent so far this winter with tornados in January farther north than is common. So the weather sounds really crazy and it probably is due to the climate changing as we hear so much about.

Donations to Penny Pines are listed below for those clubs that notified me. I did not list the amounts as I feel that is private to the club.

- Dirt Diggers Garden Club – Encampment, Wyoming
- Dearborn Garden Club – Montana
- Rainbow Garden Club – Montana
- Glendive Garden Club – Montana
- South Dakota Garden Club
- Sunset Hills Garden Club – Nebraska



The Forest Service and other federal, tribal, state, and local government agencies work together to respond to tens of thousands of wildfires annually. Each year, an average of more than 73,000 **wildfires burn** about **7 million acres** of federal, tribal, state, and private land and more than 2,600 structures.

Del Hemsath
Penny Pines Chairmen

Plant America



HEADS UP!! April is in PLANT AMERICA month. Since we all have an April in our calendar, we have no excuse not to PLANT AMERICA. Now is the time to think about what we can do in April, weather permitting. I have two feet of snow so it may not be gone by then. Planting doesn't always have to be a huge project, we can always do a little in our environment, even just plant a shrub, a tree, perennials, etc. Try native items or just plant in pots around your apartment.

PLANT AMERICA embodies NGC's commitment to raise awareness about environmental issues such as land restoration, water conservation, environmental science and sustainability, and access to green space such as public parks. It also promotes the love of gardening, floral design, civic, and environmental responsibility.

PLANT AMERICA projects enhance public areas, honor our veterans with Blue Star landscaping projects, educate children and adults about the joys of gardening and create pride through local, city, and county projects.

Beverly Heidelberger, Chairman



RMR Website

The Rocky Mountain Region Website is still up and running. Please check us out and take a look at our Director, State Officers, Newsletters, Awards, Gallery Resources links to NGC, Recipes. Take time an “poke around” to see what’s here!

This is a work in progress! If we all work together, the site will grow! Let us know at rmrrambler@yahoo.com as to what you want to see on this site!

Simple click this link — [RMR Website](#) Enjoy!!

Carla Scheer, Webmaster

Joanne Jeffres, Rambler Editor

Winners from Plattsmouth GC, NE

Here is a list of the **sculpture winners** from Plattsmouth GC, Plattsmouth, NE
All winners were from Plattsmouth



5th Grade

1st Place - Jemma Weirauch
2nd Place - Michael Mahoney
3rd Place - Aubrey Gegzna

6th Grade

1st Place - Zachary Moyer
2nd Place - Ryenn Babcock
3rd Place - Alanna Keruzis

7th Grade

1st Place - Donavan Baxter
Honorable Mention - Alexia Winterstien

8th Grade

1st Place - Ally Burns
2nd Place- Savana Lewis
3rd Place - Serenity Newton

Here is a list of the **poetry winners** from Plattsmouth GC.

3rd Grade - St. John the Baptist School

1st Place- Winter Poppleton
2nd Place- Finnegan Minahan
3rd Place - Elizabeth Hilmer

4th Grade - St. John the Baptist School

1st Place-Elena Powers

5th Grade - St. John the Baptist School

1st Place Betsy Bronson
2nd Place-Ella Carpenter
3rd Place- Chaz Jensen

6th Grade - Plattsmouth Middle School

1st Place-Nadia Boland
2nd Place-Ryenn Babcock
3rd Place-Donald Clifford
Honorable Mention Layla Bailey

7th Grade - Plattsmouth Middle School

1st Place-John Burch
2nd Place-Deacon Finn
3rd Place- Auggie Peterson
Honorable Mention-Kellan

8th Grade

1st Place-Mallory Robbins- St. John The Baptist School
2nd Place-Graci McDonnell- Plattsmouth Middle School
3rd Place-Allissa Handley-Plattsmouth Middle School
Honorable Mention-Joey Mise- St. John the Baptist School

9th Grade - Plattsmouth High School

1st Place-Natalya Reinarz-Muller

Submitted by Lorraine Patrick
Plattsmouth Garden Club, NE



Will My Garden Seeds Germinate?



Did you save your garden seeds last year or the year before? How do you know if they are viable and will germinate? The easiest way to determine this is to do a germination test.

The point of the germination test is to determine if you need to plant a few extra seeds to get as many plants as you want, or if you should not bother planting those old seeds at all.

First, take a paper towel and moisten it with a spray bottle. Place ten (10) seeds to be tested onto the paper towel, then carefully fold the wet paper towel over the seeds. Place the paper towel and seeds in a plastic bag, seal it, and **label the bag** with the seed variety and the date and how many days it takes to germinate. This is usually stated on the seed packet. You can also look up the variety of seeds on the internet and see what they say.



Place the plastic bag in a warm environment — like the top of the refrigerator — and after a few days, begin to check the seeds daily. Depending on the variety you are testing, the viable seeds could sprout in just a few days. Other varieties may take up to several weeks.

If nothing happens after waiting the appropriate length of time, you know the seeds are no good. A low number of sprouts will mean you need to plant more thickly, and a high number of sprouts means you can plant at the regular seed density.

Testing with exactly 10 seeds makes the math really easy: If nine out of 10 seeds sprout, the germination rate is 90 percent. *Viable seeds will sprout in the paper towel.*

You can do the germination test at any time, but if your tested seeds have sprouted at their planting time, you can move them into your garden and use them.

Most seeds do not require light until they have sprouted. Some seeds have additional needs prior to germination that will be noted on the seed packet. Most seeds are ready to test right out of the packet.

Scarification means you need to nick the seed coat to allow water and oxygen to reach the embryo inside. Generally this is done with a nail file or sandpaper— just enough to make the coat penetrable without causing any other damage. Soaking seeds in water is another approach.

Stratification is where we expose the seeds to cold and (usually) moisture to mimic winter conditions the plant has evolved with.

Set a reminder in your phone or calendar to check your seeds every day or two. Your job is to make sure the paper towel never gets dry. You can spritz it with warm water as needed, always making sure the seeds are kept moist. ~~ cont'd



Will My Garden Seeds Germinate? ~cont'd

After days or weeks, depending on the type of seeds and temperature, you may start seeing **signs of sprouting**. Some seeds within the same batch may start sooner than others. This is yet another smart survival tactic. Take pictures to compare your seeds one day to the next.

What do sprouting seeds look like? There are so many different seed sizes, shapes, colors, and textures that no two types look the same.



If you check daily, you may notice the seed first seems to swell. It may also split open or a little bit of growth—perhaps a white root—will start peeking out from inside. But again, it's never exactly the same twice.



Once you have done the germination test, you can determine whether the seeds are worth planting, how many seeds to plant, or decide that they are not going to sprout for you.

Now you know, happy gardening!

Info taken from: <https://joegardener.com> and Empress of Dirt



What Do “F1” and “OP” Mean?

At the end of vegetable descriptions, each variety is labelled "**F1**" or "**OP**". This is important only if you **plan to save seeds** from the plants that you grow to replant in the future.

F1 hybrids are created by deliberately taking pollen from the male parts of one pure, inbred plant and transferring it to the female parts of a different pure, inbred plant. The goal is to produce a new variety that is superior to either parent: larger, higher-yielding, more disease-resistant, more delicious or more vigorous, among other criteria. The new variety is called an F1 hybrid. **Seed from F1 hybrid plants will not likely breed true** for future crops. You should start each growing season with F1 seed from a reliable supplier like us. (Our vegetable seeds have a shelf life of two to five years, noted on the back of each packet.)

On the other hand, varieties labeled "**OP**" (**short for open-pollinated**) **will grow true** to variety name from seeds produced by the plants that you grow yourself. These seeds may be saved and will produce the same plant in future sowings as long as proper seed-saving procedures are followed. Please refer to www.seedsave.org for detailed seed-saving instructions.

Taken from: <https://www.kitchengardenseeds.com/opf1>



F1, Sungold Cherry



OP,
Brandywine,
Open Pollinated



Help Needed!



Kansas Association of GC needs a Vice President! We need someone who will be willing to take the KAGC President's job in June when our term is over. We have learned a lot these past two years and agree this is a big job, and it has worked well to have co-presidents. Other states are trying this also. Let's face it, we are aging and we really need more young people. We were so sad to see that our current vice president wishes to resign due to personal issues. We understand – life happens.

It is past time to think someone else will do it. It is **time to step up** and offer your time and talent, or offer to help in some way. Being president is an opportunity to meet some amazing people with the same interests and do some traveling. KAGC helps with the travel expenses and NGC helps some also. The next two NGC conventions are close enough to drive. 2024 will be in Denver, CO and the 2025 will be in Omaha, NE.

Please take this back to your clubs and help us find KAGC officers. We have several KAGC positions open and these are listed on the last page of the *Kansas Gardener*.

For more information, please contact me.

Heather McCain

heathermcc@aol.com



*Kindness— It is free,
spread it around
everywhere!*



The Gift That Keeps Giving—Life Membership



What is a Life Membership and what **purpose** does it serve? Honest questions.

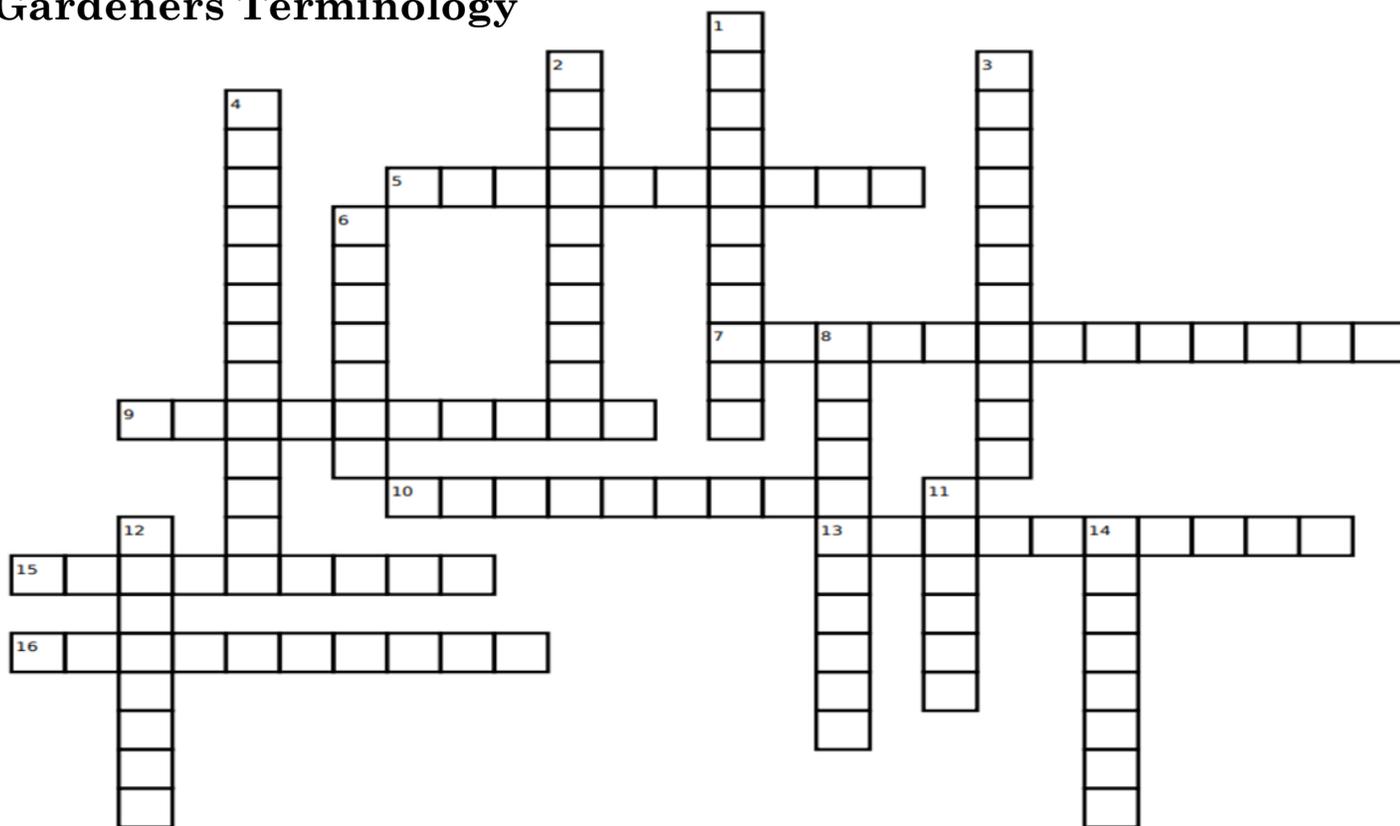
Life Membership in our Rocky Mountain Region is one **gift that keeps on giving!** Life Membership is a monetary gift to the RMR where the fees are used for education and communications within the Region. Each new life member receives a life membership pin and the regions' newsletter, **The Rambler**, as long as they continue their membership in a state garden club within the RMR Region. These funds are accountable by the RMR Treasurer in separate format, and reported in addition to the RMR Treasurer's report at each regional meeting.

How do I purchase a Life Membership? Life Membership can be a gift to yourself or a gift to another member of a garden club. Simply fill out the membership form and send it and the membership cost of \$75 to the RMR Treasurer, Lynette Jeffres. The form can be found on last page of this newsletter or on the RMR Website:

(<https://drive.google.com/file/d/1ZXaA17T8wqIH2CWmD26S9cIC1Q:3riaK/view>)



Gardeners Terminology



Down

1. the moment a seed begins to grow.
2. characterized by lanky, weak, pale plant growth, resulting from low or no-light conditions.
3. young leafy vegetables or herbs that are harvested just above the soil line when the plants have their first pair of leaves or cotyledons.
4. the process of breaking through a hard outer covering of a seed to allow moisture to penetrate.
6. organic matter often made from decomposed/broken down plant material.
8. describes tomatoes that stop growing when fruit begins forming from the topmost flower bud, making them more compact.
11. varieties that complete their life cycle in one year or less.
12. botanical interests consider open-pollinated varieties over 50 years old to be heirlooms.
14. a species that was selected or bred by humans for a particular feature.

Across

5. a plant with only pollen-accepting flowers. A pollinator plant with pollen-producing flowers is required for fruit production.
7. tomato varieties that continue to grow and produce tomatoes all season until the first frost.
9. moving a plant to a different growing space.
10. a plant that emerges from being self-sown by an animal than by a gardener.
13. the attribute of a plant producing both pollen-producing and pollen-receiving parts.
15. varieties, both flowers and vegetables, that complete their life cycle in two years.
16. varieties that live for two or more years.



List of words on page 29



Rocky Mountain Region Officers 2021-2023

Office	Officer	E-mail
Region Director	Margie Soileau 855 Freemantle Dr. Colorado Springs, Co 80920	"Planting in Harmony with Nature" margie.rmrdirector@gmail.com 719-648-8025
Alternate Director	Robbie Kupper 315 East 6 th Street, Ogallala, NE 69153	"Growing and Using Herbs in Nebraska" fgninc@gmail.com 308-289-6051
Secretary	Roberta Bolton 7125 N Ridge Rd. Lake Point, UT 74074	307-286-0759 Roberta.wyo@gmail.com
Treasurer	Lynette Jeffres 915 East Roosevelt Ave. Riverton, WY 82501-2937	307-856-4399 307-851-1972 c lynjeffres@gmail.com
Parliamentarian	Mary Lerssen 2615 East Woodland Hills Rd. Sioux Falls, SD 57103-4335	605-759-7837 c lerssenm@sio.midco.net
Historian	Roberta Bolton 7125 N Ridge Rd. Lake Point, UT 74074	801-255-4835 roberta.wyo@gmail.com



RMR State Presidents 2021-2023



Colorado Federation of Garden Clubs, Inc. Nancy Griffin "Garden with Heart, Plant with Purpose, Conserve with Care" 19331 E Berry Pl, Aurora, CO 80015 mysticmoongardener@gmail.com — 720-936-5785	North Dakota State Garden Clubs Linda Anderson "The Grass Isn't Always Greener, Plant in North Dakota" 1501 – 28 ½ Ave S., Fargo, ND 58103 rwandljanderson@gmail.com — 701-893-5233
Kansas Associated Garden Clubs, Inc. Floanna Crowley & Sherryl Fitzpatrick Co-Presidents — "Use Wisdom in Caring for Nature" Floanna Crowley Sherryl Fitzpatrick 341 N. Valley View St. 2869 TeeTime Ct Wichita, KS 67212 Wichita, KS 67205 floanna@cox.net sfitzpat3@att.net	South Dakota Federation of Garden Clubs Thelma Busk "Dirty Hands, Good Life" 412 E 9 th St., Dell Rapids, SD 57022 dakfayepriims@santel.net— 605-999-3523
Montana Federation of Garden Clubs, Inc. Jim Sadler "Building Community through Gardening" 1220 Clements Rd., Missoula, MT 59804-2908 Jimsadler1220@gmail.com — 406-728-4743	The Utah Associated Garden Clubs, Inc. Mary Holley "Play and plant in Utah Wisely" mountainflorautah@gmail.com— 435-640-4171
Federated Garden Clubs of Nebraska Robbie Kupper "Growing and Using Herbs in Nebraska" 315 East 6 th Street, Ogallala, NE 69153 fgninc@gmail.com — 308-289-6051	Wyoming Federation of Garden Clubs, Inc Shirley Pursel "Gathering Friendships thru Gardening" PO Box 6105, Riverton, WY 82501 shirleypursel@yahoo.com- — 307-851-2966 (c)

Rocky Mountain Region Chairman* 2021-2023

Project	Chairman	E-mail
Awards	Michele Gustin, Aurora, CO	robinsbox@q.com
Birds	Audrey Coyle, Colorado Springs, CO	afloris@stratisiq.com
Blue Star Marker	Joyce Hendricks, Billings, MT	rnjhend@charter.net
Butterfly	Margaret Straley, Sioux Falls, SD	zebrabread@gmail.com
Chaplin	Linda Anderson, Fargo, ND	rwandljanderson@gmail.com
Environmental Concerns; Energy, Land, Water	Terry Kroke, Moorhead, MN	tlkroke@yahoo.com
Facebook	Phyllis White, Bozeman MT	gardens@bresnan.net
Flower Show Schools and Symposiums	Jim Sadler, Missoula, MT	jimsadler1220@gmail.com
Gardening School Liaison to RMR	Kathy Petersen, Arvada, CO	kpetersen303@gmail.com
Invasive Plant Species	Alice Hemsath, Kearney, NE	dhemsath@charter.net
Judges Council	Doris Duckworth, CO	dorisduckworth@yahoo.com
Life Membership-NGC & RMR	Lynette Jeffres, Riverton, WY	lynjeffres@gmail.com
Membership	Shirley Pursel, Riverton, WY	shirleypursel@yahoo.com
NGC President's Projects	Beverly Heidelberger, Spencer, SD	bevheid2@hotmail.com
Penny Pines	Del Hemsath, Kearney, NE	dhemsath@charter.net
Personnel	Connie McKay, Halladay, UT	mcm31@icloud.com
Protocol, Courtesy Resolution	Marjorie Koerner, Parker, CO	margekoerner@yahoo.com
RMR Award of Excellence for Regions	Margie Soileau, Colorado Sp., Co	margie.rmrdirector@gmail.com
RMR Rambler, Editor	Joanne Jeffres, Riverton, WY	rmrrambler@yahoo.com
RMR Webmaster RMR Website	Carla Jeffres Scheer, Georgetown, PA	rockymtnregiongarden clubs@gmail.com
Smokey Bear, Woodsy Owl	Connie McKay, Holladay, UT	mem31@icloud.com
Wildflowers & Native Plants	~~ open~~	
Xeriscape Gardens	Doris Duckworth, Monument, CO	dorisduckworth@yahoo.com

* If you need an address or phone number please let me know at rmrrambler@yahoo.com

**Rocky Mountain Region 86th Annual Business Meeting
Park City, Utah
August 28, 2022**

RMR Director Margie Soileau called the meeting to order at 9:20 a.m. and welcomed everyone. Margie led the group in reciting the Conservation Pledge.

Audrey Coyle delivered the Invocation.

Mary Holley, Utah Associated Garden Club President, welcomed the group to Utah.

Mary Warshauer, NGC President, was introduced to the members.

RMR Parliamentarian Mary Lerssen read the “Rules of the Meeting” which will stand as read.

The Preliminary Credentials Report was presented by Sue McJames, UAGC Vice President.

The members of the RMR Minutes Approval Committee are Darla Anderson, Linda Anderson, and Geoff Ellis.

Timekeepers were appointed by Margie.

Roberta Bolton, Secretary, shared that the Minutes from the RMR Annual Business Meeting held on August 27, 2021, at the Acorn Resort in Kansas were distributed to all attendees by email. Margie announced hearing no corrections, the Minutes are approved as provided.

Copies of the budget were distributed to all members by Lynette Jeffres, Treasurer. Lynette moved that the Treasurer’s Report as amended and approved by the Executive Committee be filed. Motion passed.

New Business:

President Reports were given by:

Nancy Griffin, Colorado	Sheryl Fitzpatrick & Floanna Crowley, Kansas
Jim Sadler, Montana (read by Margie Soileau)	Robbie Kupper, Nebraska Linda Anderson, North Dakota
Thelma Busk, South Dakota (read by Mary Lerssen)	Mary Holley, Utah Shirley Pursel, Wyoming

Committee Reports were given by:

Audrey Coyle, Birds	Shirley Pursel, Membership
Joanne Jeffres, Editor, RMR Rambler, (report read by Lynette Jeffres,)	Connie McKay, Smokey Bear/Woodsy Owl Audrey Coyle, NGC Plant a Tree Initiative

~~ cont’d

Rocky Mountain Region 86th Annual Business Meeting
Park City, Utah
August 28, 2022

Page 2

Roberta Bolton, RMR Secretary, read the following motions that were made and approved in the Executive Board meeting on August 26, 2022, regarding changes to the RMR Procedures:

1. Page 22

The RMR Handbook shall be distributed **electronically** to all members of the RMR Board of Directors, Editors, Webmasters, Treasurers, and Awards Chairmen of State Garden Clubs of the Region and members of the NGC Executive Committee. A copy shall be sent to NGC Headquarters. Other copies may be available for the cost of printing **and mailing**. Electronic versions may be distributed ~~free of charge~~ to any RMR member upon request.

Changes indicated as bolded above: add “**electronically**” and “**and mailing**”. Delete “**free of charge**”.

Roberta moved for the adoption of the above changes. Motion passed.

2. Page 23

Duties of Elected and Appointed Officers

7. Compile and print an RMR Handbook; distribute it at the Annual Meeting of Rocky Mountain Region in the odd-numbered year.

Change: **7. Compile the RMR Handbook and distribute it electronically before the Annual Meeting of Rocky Mountain Region in the odd-numbered year.**

Roberta moved for the adoption of the above changes. Motion passed.

RMR Director Margie Soileau recessed the meeting at 11:30 a.m.

RMR Director Margie Soileau called the RMR Annual Meeting back to order at 1:15 p.m.

Margie gave a report regarding the RMR Website.

Roberta Bolton, RMR Secretary, read the following motions that were made and approved in the Executive Board meeting on August 26, 2022, regarding changes to RMR Awards.

Award Year to run July 1st through June 30th with applications due by July 15th. [Roberta made a motion for the acceptance of this change. Motion passed.](#)

Add Award #28 Social Media (i.e. Facebook, Instagram, Pinterest, YouTube, etc.).

Roberta made a motion for the acceptance of this change. Motion passed.

Delete the Award for Youth Essay Contest since NGC has eliminated it. Roberta made a motion for the acceptance of this change. Motion passed.

Delete the Award #24 Youth Gardening. Roberta made a motion for the acceptance of this change. Motion passed.

\$25.00 to each winner in the #16 Youth Awards. Total of \$100.00 annually. Roberta made a motion for the acceptance of this change. Motion passed. ~~~ cont'd

Rocky Mountain Region 86th Annual Business Meeting
Park City, Utah
August 28, 2022

Page 3

Margie Soileau asked if there were any volunteers to step up to be RMR Treasurer beginning next term. With no volunteers, Lynette Jeffres will be added to the slate of offices as RMR Treasurer. A motion was made and seconded to approve another term for Lynette as treasurer. Motion passes.

Margie announced the following 2023-2025 Rocky Mountain Region Executive Board:

Robbie Kupper, Director
Shirley Pursel, Alternate Director
Margaret Endecott, Secretary
Lynette Jeffres, Treasurer

RMR Director Margie Soileau recessed the meeting at 2:05 p.m.

RMR Director Margie Soileau called the RMR Annual Meeting back to order at 7:05 p.m.

Linda Anderson gave the blessing.

Mary Warshauer, NGC President, gave an update on NGC. They are working on new methods of communication that can continue to bring us together. In person is the best!

RMR Awards were presented by Michele Gustin, RMR Awards Chairman.

Sue McJames presented the Final Credentials Report.

Mary Lerssen, Parliamentarian, read the Courtesy Resolutions. The Courtesy Resolutions were adopted and presented to Mary Holley, President of The Utah Associated Garden Clubs, Inc. and Committee Chairman of the 86th RMR Annual Meeting.

Nancy Griffin, President of Colorado Federation of Garden Clubs, Inc. invited all members to attend the 87th RMR Annual meeting on August 24-25, 2023 in Colorado Springs, Colorado.

Darla Anderson gave the benediction.

The RMR Annual Meeting was adjourned at 8:50 p.m. Sine die.

Note: All reports presented and provided to the Secretary will be attached to these minutes.

Respectfully submitted,
Roberta Bolton, Secretary
Rocky Mountain Region

CHANGE OF DATE FOR RMR "COLORADO SUMMER RHYTHMS"

When: August **25-26**, 2023

Where: Colorado Springs, CO

What: 87th Rocky Mountain Regional Meeting

**!!Friday evening the 25th, BBQ & Entertainment at the FLYING W RANCH!!
Saturday the 26th, Meeting, lunch and then Awards Banquet at
Historic Patty Jewett Golf Club**



Come early and stay late for some extra fun of the Pikes Peak surroundings, with RMR friends and family! Things to see and do in beautiful Colorado Springs!

Pro Rodeo Hall of Fame
Cheyenne Mountain Zoo
Manitou Springs
US Air Force Academy
Seven Falls
Old Colorado City

Garden of the Gods
US Olympic Museum
Cripple Creek
Pike's Peak and Cog Railroad
Glen Eyrie
Space Foundation Discovery Center

Flying W Ranch: A working mountain cattle ranch and Chuck wagon supper, including spirited entertainment by the world renowned Flying W Wranglers

Historic 124 year old Patty Jewett Golf Club: The 3d oldest golf Club west of the Mississippi hosting the Meeting and award Banquet with prize worthy Buffet served for Lunch and Dinner

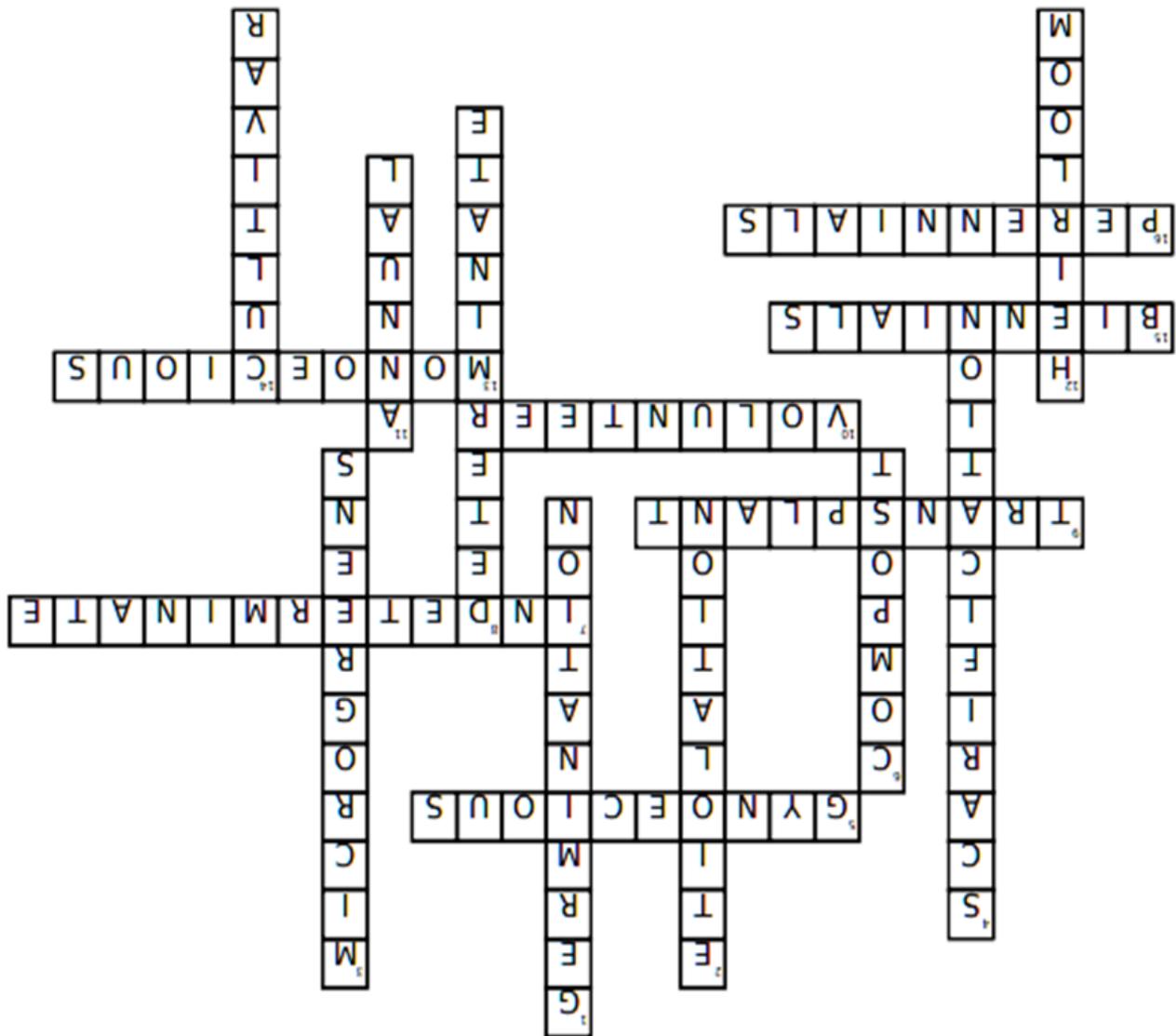


Gardener's Terminology Puzzle Key

A little Puzzle Help

Terms that may be in Gardener's Terminology Puzzle

Perennial	Pollinator	Scarification	Sprout
Stratification	Transplant	Volunteer	Vernalization
Fruit	Germination	Gynoeceious	Hardy
Heirloom	Hybrid	Indeterminate	Microgreen
Monoecious	Native	Annuals	Biennial
Bolting	Compost	Cultivar	Determinate
Etiolation	Hardy	Pollinate	Parthenocarpic



RMR LIFE MEMBER NUMBER: _____

Rocky Mountain Region Garden Clubs

Colorado, Kansas, Montana, Nebraska, North Dakota,
South Dakota, Utah & Wyoming

Application for Life Membership in Rocky Mountain Region Garden Clubs

Date _____

State Garden Club _____

Name of Applicant _____

Address (mailing) _____

City, State, Zip _____

e-mail: _____

Member of: _____ Garden Club

This Membership is for: myself
 A gift from: _____

Address: _____

If this is to be a surprise, please send a note with your instructions.

Rocky Mountain Garden Clubs Life Membership fee is **\$75.00**

Please make check payable to Rocky Mountain Region and send with this application to the Rocky Mountain Region Life Membership Chairman:

Lynette Jeffres
915 E Roosevelt
Riverton, WY 82501
307-851-1972